

Best Practice

Objectives of the Practice

To motivate the Rural & Tribal girls from economically poor section & make the girl self department objectives.

1. To motivate the rural & tribal girls job orientation and health issues.
2. To make them economically independent through soft skill development.
3. To expose the talent of Tribal & Rural girls.

Implementation: - In our Institute more than 50% girls are from tribal & rural background. Agriculture is the main Occupation most of the tribal girls are from economically weak, for the upliftment of tribal & rural girls we organize several activities.

There are as follows:-

1. Nutritional awareness Program such as Importance of Hygiene & good health, Importance of Balanced diet How to take nutrition diet by spending less money, nutritional Importance of locally available Foods, Preservation of Food items etc.
2. Toys making, Flower making, Tailoring, Use of waste material to make wall hangings, doormats, embroidery work, etc.
3. Preparation of audio visual aids to create awareness & display of different items prepared by these girls to encourage their talent was done in Home science department.

II . To create awareness regarding Nutrition & Health-

Plenty of Nutritious Foods are available in this district. Rice is the staple Food. Jwar, Bajra, Kodo, Kutki, Maize, Ragi are the other millets. Legumes & Lentils are easily available in this area; practice of animal husbandry is also very common in each & every girl's home. Vegetable Productions in their bodies are in practice, all types' fruits are easily available in tribal areas, and Nutritional awareness regarding nutrition value of different Food has been spread through program, so that they can use locally available Food for making good Health & Nutrition.