

Best Practice

Objectives of the Practice

To motivate the Rural & Tribal girls from economically Poor section & make the girl self department objectives.

1. To motivate the rural & Tribal girls.
2. To make them economically independent through soft skill development.
3. To expose the talent of Tribal & Rural girls.

Implementation: - In our Institute more than 50% girls are from tribal & rural background . Agriculture is the main Occupation most of the tribal girls are from economically weak, for the upliftment of tribal & rural girls we organize several activities.

There are as follows:-

1. Nutritional awareness Program such as Importance of Hygiene & good health, Importance of Balanced diet How to take nutrition diet by spending less money , nutritional Importance of locally available Foods , Preservation of Food items etc .
2. Toys making, Flower making, Tailoring , Use of waste material to make wall hangings , doormats , embroidery work , etc .
3. Preparation of audio visual aids to create awareness & display of different items prepared by these girls to encourage their talent was done in Home science department.

II . To create awareness regarding Nutrition & Health-

Plenty of Nutritious Foods are available in this district. Rice is the staple Food. Jwar, Bajra , Kodo , Kutki , Maize, Ragi are the other millets . Legumes & Lentils are easily available in this area, practice of animal husbandry is also very common in each & every girl's home. Vegetable Productions in their bodies are in practice, all types fruits are easily available in tribal areas , Nutritional awareness regarding nutrition value of different Food has been spread through program , so that they can use locally available Food for making good Health & Nutrition.